### **Trail Markings**:

General Forest Trails marked by white diamonds with trail numbers written onto them.

River to River Trail (R2R) features white diamonds with a blue "i", except in wilderness where it is a natural wood diamond with the "i" routed.

**Safety:** Personal safety-Make sure

someone knows your route and establish a check in time. Wear appropriate clothing and footwear depending on the weather and terrain. Carry plenty of water, food, compass and a first aid kit.

Environmental safety-Be aware of poison ivy and stinging nettle. Various insects including ticks and mosquitoes are present here during spring, summer and fall. Venomous snakes are also present here including timber rattlesnakes and copperheads.

At all times, this hike is remote and the closest vehicle accessible areas is the trailhead if troubles occur. Precautions should be taken for long hikes (water, food, first-aid kit, etc.).

**Emergencies:** The nearest

hospital is Harrisburg Medical Center in Harrisburg, IL. Cell phone service

along the trail can be spotty so be prepared and know where your closest outlet is when dialing 911.

#### **Camping:** There are no

designated camping areas along the trail but numerous ideal trailside camping areas. Note camping is prohibited within Natural Areas. Use existing campsites, don't create new ones. Use portable camp stove for cooking. If a campfire is needed, keep it small and use existing fire rings. Protect water quality by washing and camping 200 feet from any water sources. Leave the campsite cleaner than you found it.

**Facilities:** There are no facilities along this entire trail. Bury human waste and toilet tissue in a 6 inch deep "cat hole" at least 200 feet from water.

**Travel Time:** This depends entirely on how fast you hike and how much exploring you do but it is suggested that most should be able to do these hikes in 3-4 hours.

Surface Type: Dirt and rock

## One Day Loop Trail Maps

# Max Creek Loop

#### Shawnee National Forest

**Description:** Max Creek area is a great hiking area with a scenic 4 mile loop. The loop has 5-6 creek crossings and can be challenging in the spring when the water is up. It is a great winter hike when the water is low and it has been below freezing for several days because there is ice everywhere.

Local lore would have it that the area around the place where the Trail crosses Max Creek is a Vortex. People hiking in this area have reported feelings of dizziness and disorientation. Others have reported seeing mysterious lights after darkness. Whatever the truth of these In, Pack It Out. Some rare and claims, Max Creek is a in a beautiful area.

The River to River Trail goes right through the area and 1/3 of the loop travels the R2R Trail.

The area also includes several user made trails that are popular with the equestrians from Cedar Lake Horse Camp at end of trail 435 north east of the area. Several of these trails

are marked in red on the reverse map but not included in the Avenza Map because they are not official trails and are subject to change.

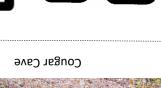
2024

Highlights of the area include the Max Creek Vortex, Cave Waterfall (signed as Gay Cave), Max Creek Waterfall, Cougar Cave and the scenic overlooks near point 10 on the map.

Trail Ethics: "Please practice Leave No Trace principles" Pack It endangered species of plants are located in the area so please stay on the designated trails and leave the rocks and plants for others to enjoy. Equestrians frequent this trail system: hikers should yield to horses.











# <u>btqv4reMxv2AosAu8/sqam/lg.oog//:sqtd</u>

the trailhead so Google can give you the best directions depending on where central portion of the Shawnee NF. The following dropped pin is a link to The trailhead is located at the end of Taylor Ridge Road of Hwy 45 in the

#### you are coming from.

interest might be.





(əve) (Gay Cave) (Gay Cave)



**Directions to the Trailhead** 

downloaded by searching the app store on your phone tor this: Map Store for downloading to your smart phone. The Avenza App can be schercher and state of the second side of the second state of the second state of the second se

# Trail Elevation Profiles

Elevation profile is based on counter clockwise hiking



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səliM 27.0	8 ot 7 triof
səliM 0£.0	Point 6 to 7
səliM 25.0	Point 4 to 6
səliM 28.0	Point 3 to 4
səliM 02.0	Point 1 to 3
agasiM	Trail Sections (see #s on reverse)





